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Burning Frankincense

<http://www.omanfrankincense.com/burning-frankincense.php>

Using Charcoal

Prepare a censer or fireproof dish. Adding sand or white ash to the censer is a good idea. It absorbs heat from the censer and lets air under the charcoal for better burning. Or use a resin censer which has a screen on top to let the ashes fall through in to the censer bowl. Frankincense is one incense that burns very well on charcoal and the smoke itself is very intoxicating. Try to use a high quality charcoal disk or tablet like the chemical free bamboo tablets from Japan or the type used for Hookahs which have a very small amount quick lighting agents in them. in the middle east coals are taken right from the home's hearth are used.

To light the charcoal use pincers or tongs, chopsticks (wood or metal) work very well for this. Hold it over a candle flame turning it gently until it begins to glow around the edges. then place it in your censer and wait until it has a white ash coating evenly over its surface.

When the charcoal is ready (in about 4-5 minutes) sprinkle the frankincense directly on the coal or use a piece of thin foil on top of the charcoal to let the resin burn more slowly - then let the wonderful scent arise.

Hougary comes in large roundish hunks or tears and we recommended that you pulverize ,

breakup or grind it slightly before burning to allow it burn evenly and disperse its scent quickly. Though you can place a whole tear on an electric , incense stove or candle heater and it will slowly melt and release its heavenly scent.

Electric Incense Heaters

Electric heaters are now available at a reasonable price and are highly recommended for getting the most from fine natural incense of all types. It is especially desirable to use with delicate woods and botanicals. The heater allows them to realize their essential oils before combustion. Many things that are not very aromatic when burned on charcoal have a lovely aroma on a heater. Resins are warmed slowly and a richer scent will be exuded for a longer period of time. Although with some incense botanicals smoke is desired , with many, smoke means the end of the release of the essential oils that carry all the fragrance. So if you want the most from your incense material use a temperature controlled electric heater.

When using a heater be sure to experiment with the temperatures for different types of incense, always preheat and start with a setting below 30. If your incense begins to smoke too quickly turn down or off completely. It is best to try it for yourself and find what works for you.

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